Why Should I wear a Cloth Mask?

为何要戴布口罩？

✓ It will protect others from your germs
防止您的病菌传染他人

✓ When going out for groceries and essentials,
the mask may offer some protection when you cannot keep 6 feet from others
当您出外购买日用品时，或未能时刻

与人保持两米距离，因此应佩戴口罩

保护自己

✓ You can make your own mask with materials you already have
您可以用已有的材料制作布口罩

✗ Do not touch your face to adjust the mask to prevent contaminating your hands
请勿以手触碰调整口罩，以免沾污双手

✗ Don't get a false sense of security and not keep 6 feet of distance
请勿掉以轻心，忽视两米安全距离

✗ Don't wear dirty or damaged mask
请勿重复佩戴肮脏或已破损的口罩

✗ Don't give to children under the age of two
请勿给予两岁以下的儿童使用

✗ Don't give to people with trouble breathing
请勿给予有呼吸困难的人士使用

Do not use medical masks as they are needed by health care workers. You still need to keep 2 metres apart and wash hands often.

为预留足够的资源予医护人员，请勿使用医用口罩。
您仍需与人保持两米安全距离和常洗手